

Children's Cancer Connection's Camp Heart Connection

COVID-19 Policies and Procedures



PURPOSE

The purpose of this policy is to outline the practical applications of prevention strategies to reduce the spread of infection and allow for more rapid identification of suspected and confirmed cases of COVID-19. During this pandemic, we will use the following policies and practices to maintain small group sizes and limit mixing of groups while at Camp. These policies were created with coordination of the Children's Cancer Connection staff, medical advisors, and the Des Moines YMCA Camp while also following and adhering to the CDC Guidance for Summer and Youth Camps:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html> and the ACA Summer Camp Field Guide <https://www.acacamps.org/resource-library/coronavirus/camp-business/field-guide-camps>. At this time, this policy is effective for all Camp Heart Connection camps including Oncology, Sibling, Family, Day, Teen, and Split camps.

Family Camp

This camp program will be offered in a limited capacity spring of 2021. Each family will participate as a "family unit" upon arrival and for the duration of the event. Families will be assigned their own cabin, allowing for private sleeping and restroom areas. All meals will be served family-style with each family unit assigned to specific table(s) where they will eat all meals. All programming will be socially distanced and held outside when possible/appropriate. Please continue reading on the following pages for Camp Heart Connection's COVID-19 Policies and Procedures regarding each specific program area.

Oncology, Sibling, Teen, and Split Camp

These camp programs will be offered in limited capacities. Each camper will be placed in a cabin and each cabin will then participate as a "family unit" upon arrival and for the duration of the camp program. All cabins will be required to wear masks outside of their cabins when they are not able to social distance from other cabins. All meals will be served family-style with each cabin assigned to specific table(s) where they will eat all meals. All programming will be socially distanced and held outside when possible/appropriate. Please continue reading on the following pages for Camp Heart Connection's COVID-19 Policies and Procedures regarding each specific program area.

*Oncology and Sibling Camp specifically – after discussion with the Des Moines YMCA Camp regarding their current in-place COVID-19 policies and procedures, Camp Heart Connection has decided to follow suit by implementing a capacity policy. This has been determined to be the best option to ensure both camper and staff health and safety during this global pandemic. **This means that both Sibling and Oncology Camps for the 2021 year will be capped at 200 campers for each camp.***

Day Camp

Children's Cancer Connection programs will be offered in a limited capacity in accordance to CDC guidelines. Each participant will be required to follow these policies and procedures. All programs will provide restrooms and, all meals will be served and directly supervised by Children's Cancer Connection staff. All programming will be socially distanced. Please see Children's Cancer Connection COVID-19 Program Policies and Procedures for more information regarding programming at the Hansen Home for Hope.

Children's Cancer Connection understands that each camper has his/her own medical and physical concerns and will work with families to best ensure the safety and health for their camper while maintaining these COVID-19 Policies and Procedures. For any concerns please contact Camp@ChildrensCancerConnection.org.

Vaccination

Although Children's Cancer Connection cannot require vaccination for COVID-19, we do highly recommend that all eligible campers and staff, if interested, receive the full vaccine series at least 14 days prior to attending Camp Heart Connection camps.

Parent/Guardian Expectation

Due to the COVID-19 global pandemic, Camp Heart Connection is requiring that all parents remain within an appropriate travel distance to the event site in case there is a need to the immediate removal of a camper from the event. If a parent is not able to remain within an appropriate travel distance (within 4hrs after initial phone call) to the event site, please ensure that there is a different family member, friend, or guardian that will be available if needed. This family member, friend, or guardian must be communicated to the Camp Director.

Arrival, Check-in, and Participant Screening

The protocols listed below are intended to be a minimum standard but may not be exhaustive. The immune status, risk factors, and acuity of specific campers (and their families) should be taken into consideration when implementing the specific protocols. At a minimum, any camper, family member, staff, or volunteer (hereafter designated as "Participant") who has a temperature of 100.0° Fahrenheit or above, or other signs of illness, will not be allowed into the Camp Heart Connection facility. Participants should educate themselves to be on alert for signs of illness in themselves and anyone in their household. If a participant (or anyone in his/her household) exhibits any of the symptoms identified for screening (see below), the participant(s) will NOT be permitted to enter Camp Heart Connection. The policies below are in addition to the standards already in place.

A. Pre-Screening

- Self-Reported daily temperature and symptom check logs must be kept for 14 days prior to event. Camp Heart Connection will provide this form to all registered participants prior to 14 days prior to event.

B. Arrival Expectations

The following expectations apply to all participants:

- All participants who arrive at Camp Heart Connection events for check-in must wear a face covering (nonmedical grade or medical grade face mask) over their nose and mouth unless cleared by Camp Heart Connection prior to the event. All campers must wear face coverings, especially when indoors where social distancing might not be possible or where required by signage. If this is a concern please discuss with the Camp Director, Nurse, or Medical Director, or have a written statement provided by the camper's physician for the camper. Campers and families are expected to bring their own masks (reusable and labeled with the camper's name).
- Drop Off
 - Family, Teen, Day, and Split Camps - Only essential individuals (i.e., those expecting to remain at Camp Heart Connection throughout the event) should come to the check-in area to avoid crowding, and social distancing of at least 6 feet must be maintained during check-in; anyone who is providing a ride to another individual and not staying for the event should remain in their vehicle.
 - Oncology and Sibling Camps – campers will be assigned a drop off time based on their last name. Drop off times will be communicated to all registered campers via email. During drop off, all participants should remain in the vehicle. Drop off will be a one direction drive through camp and the vehicle will have multiple check point stops along the way. Stops will include a camper check in, review of medical information, complete COVID-19 prescreening questionnaire, medicine drop off, luggage drop off, pre-ordered apparel orders delivered to the family, and then camper drop off. Only the campers will be allowed to leave the vehicle at the end of drop off, parents and/or siblings not attending the on-going camp session will be required to remain in the vehicle.
- Hand sanitizer will be used upon arrival by all participants at Camp Heart Connection events

- Family units and Camp Heart Connection staff and volunteers will socially distance from one another and remain at least 6 feet apart at all times unless facilitation of an activity requires less distance (e.g., side walkers at Horseback)

C. Arrival Screening

Camp Heart Connection will record answers to the following questions, along with a temperature for each Participant, prior to allowing them into the Camp Heart Connection facility. The screening will be documented and signed-off by the designated Camp Heart Connection Medical Director or Camp Director.

- Have you had a fever of 100.0° F or above in the last 14 days?
- Have you recently experienced coughing or shortness of breath?
- Have you recently experienced loss of taste or smell?
- Have you been exposed to anyone who has had a positive or pending COVID test in the last 14 days?
- Have you been out of the country in the last 14 days?

D. Ongoing Screening

- Daily symptom reviews and temperature checks will be performed by designated Camp Heart Connection medical staff for all participants. Ongoing screening will be documented.

E. Occurrence of Positive Test Result or Active Symptoms while at Camp Heart Connection

- Any participant who is screened positive or showing active symptoms of COVID-19 will go directly to their living space without coming into contact with others, spaces, or equipment while making their way there if at all possible, and maintaining at least 6 feet of separation from others while in transit if unable to avoid others altogether.
 - The Camp Nurse, Medical Director, and Camp Director should be notified of the symptoms immediately, and may be reached by phone or text to help minimize contact
 - Any participant showing symptoms will be required to wear a medical grade mask (masks and social distancing should already be standard practice even without a positive screening/demonstration of symptoms, but Camp Heart Connection will supply a medical grade mask for participant(s) who have screened positive or are showing active symptoms if needed)
 - Any participant screened positive or showing active symptoms will also be asked to identify all other participants with whom they have come into contact to facilitate onsite contact tracing as necessary
 - If a camper or family member is showing symptoms, all members of the family should return to their cabin, pack their belongings, and leave Camp Heart Connection if a driver from their family is feeling well enough to safely drive them
 - If a staff or volunteer is showing symptoms, he or she should return to their cabin, pack their belongings, and leave Camp Heart Connection if feeling well enough to safely drive themselves, or have another friend or family member come pick them up if needed; if waiting for a ride, they may be instructed to move out of their assigned cabin to an area where they can be isolated until a ride is available
- Camp Heart Connection will direct the participant to the nearest facility to obtain a rapid COVID-19 test on their way home
- Participants will be directed to remain in quarantine/self-isolation until test results are received
- Camp Heart Connection will follow CDC guidelines for any participant who tests positive for COVID-19 during or after an event. These guidelines include, but are not limited to, notifying the health department of a positive case, identifying what individuals the participant who tested positive may have been in contact with while at Camp Heart Connection, informing anyone in our community with potential exposure while maintaining confidentiality, and ensuring all of the following criteria are met before allowing the individual to participate in another Camp Heart Connection event:
 - At least 72 hours have passed since recovery (resolution of fever without the use of medication) AND significant improvement in symptoms

- At least 10 days have passed since symptoms first appeared or positive test
- If any participants have potentially been exposed to an individual who has tested positive, they will be directed to self-isolate at home for 14 days, monitoring symptoms during that time period to include twice daily temperature checks, and to seek medical assistance if they develop symptoms that become severe.

Ongoing Staff and Volunteer Expectations

All Camp Heart Connection staff and volunteers (Kitchen, Day, and 3rd Parties) must wear approved face coverings while interacting with any participants, preparing or serving food, or preparing or implementing day programs. Kitchen staff will also wear gloves, which will be changed often, as appropriate. All staff are expected to wash their hands and use hand sanitizer regularly and between interactions with campers/families.

Washing Hands and Hand Sanitizer

Hand sanitizing stations and signs encouraging active handwashing will be placed throughout Camp Heart Connection. Camp Heart Connection staff will STRONGLY encourage handwashing and use of sanitizer throughout the day for all participants.

Visitors/Donors/Tours

Due to the pandemic, visitors/donors/day-volunteers are not permitted during programs (with the possible exception of day volunteers/supporters who are screened upon arrival and leading only one specific activity and not returning again once they leave Camp Heart Connection for that session). All staff and volunteers participating in Camp Heart Connection will remain at Camp Heart Connection for the duration of the session, or if they need to leave prior to the end of the session for any reason, they will not return for that session. Children’s Cancer Connection understands that each camper may have their own medical or personal reasons for needing to leave during the session (for example chemotherapy treatment), these situations should be directly communicated with the Camp Director to ensure the safest plan.

Camper “Family Unit” Expectations

Each camper will be placed in a cabin and each cabin will then participate as a “family unit” upon arrival and for the duration of the camp program. All cabins will be required to wear masks outside of their cabins when they are not able to social distance from others – including other cabins, Camp Heart Connection staff and volunteers, and Des Moines YMCA Camp Staff. All meals will be served family-style with each cabin assigned to specific table(s) where they will eat all meals. All programming will be socially distanced and held outside when possible/appropriate. Current CDC guidelines require that all campers wear masks unless the camper is unable to take the mask off by themselves (these exceptions should be communicated to the Camp Director prior to the event). Scheduled mask breaks, similar to those currently enforced to most school systems, will be allowed when the campers are able to socially distance. Camp Heart Connection Staff are trained to closely monitor all campers participating in any outdoor programs for heat stroke/heat exhaustion and will implement unscheduled mask/water breaks to ensure the health and safety of a camper.

Des Moines YMCA Camp Staff Specific Policies and Procedures

Kitchen and Food Service

Utensils and Plates

Dining Hall plates, utensils, cups, serving platters, and other various dishes may be used, and will be appropriately cleaned and disinfected between uses.

Food Preparation and Meal Service

- All participants must wash their hands prior to preparing or serving a meal
- Des Moines YMCA Camp will follow all applicable Federal, State, and Local regulations and guidance related to safe preparation of food

Food Safety and Meal Service Modifications

- Doors for entry and exit of the Dining Hall, and guidelines for traffic flow throughout the Dining Hall, will be designated
- Tables will be assigned to an individual family unit and each unit will be required to eat at the same table for the duration of the family weekend retreat
- Des Moines YMCA Camp will arrange tables and chairs to allow for proper social distancing between Family Units, and between each Camp Heart Connection staff or volunteer
- Tables, benches, and chairs will be washed and sanitized between uses
- Thorough hand washing (20 seconds with warm water and soap) for all participants will be required before and after eating
- There will be no self-service options or buffet-style food offerings (such as a salad bar) due to high risk of contamination
- All individuals serving food will be required to wear a face covering and gloves while serving
- Food will be served family-style at the table:
 - A Camp Heart Connection staff member (hereafter, "Server") will deliver trays of food to each table
 - Servers will wear masks and gloves at all times while serving
 - When a server provides refills of food or beverages for family-style meals, new dishes will be provided each time
 - Special diet items for all participants with food allergies/special diets will be served to them at their designated table
 - Family Units will be oriented on the system used to indicate to their server that they need food/drink refills or general assistance during their first meal at Camp Heart Connection
 - Only designated Des Moines YMCA Camp staff will be allowed to touch/use the beverage or cereal dispensers, and will wear gloves/follow sanitizing guidelines according to their training; Other participants will not touch/use the beverage or cereal dispensers
 - Participants will be asked to remain seated at their respective table unless entering or exiting the Dining Hall, or visiting the restrooms. All needed items will be brought to the tables by a server.
 - At the end of the meal, family units will leave all dishes, utensils, etc., on their table and their Server will clear them
- All non-disposable food service items will be cleaned and sanitized in a commercial dishwasher; Des Moines YMCA Camp staff will ensure mechanical dishwashers are functional with the appropriate type and amount of sanitizer and appropriate temperature for sanitizing utensils and food contact surfaces
- Cabins will be issued a single 82oz water bottle in their cabin backpack that may be filled at their cabins or at water bottle filling stations throughout the week; other drinks will be available during meals from servers. Dixie cups will be provided for use at each water bottle filling station and in each cabin. Dixie cups can be used at the water bottle filling station or by the 82oz cabin specific water bottle.

Cleaning and Disinfecting

For Camp Heart Connection, the cabins and all buildings will be cleaned and sanitized prior to arrival of participants. Participants should inform Camp Heart Connection staff if any housekeeping is needed over the course of the session.

Areas prone to high use or touch, such as bathrooms, doors/doorknobs, light switches, sink faucets, countertops, and tables, will be disinfected multiple times daily and after each scheduled use. A chart will be present in all common area bathrooms, noting each instance of disinfection. Disinfecting wipes will also be provided in each public restroom facility, and wipes should be thrown away after use. Flushing them causes problems with the YMCA's wastewater system. Whenever possible, we encourage family units to return to their assigned cabin to use the restroom, thus minimizing their exposure to viruses that could be transferred through public restroom

use. Participants should alert Camp Heart Connection staff if there is a bathroom or other location that needs immediate cleaning/sanitizing attention.

Staff and volunteers will wear disposable gloves and approved PPE while performing all cleaning tasks, including handling trash. Staff and volunteers should immediately report breaches in PPE such as a tear in gloves or any other potential exposures to their supervisor. Staff and volunteers will be expected to wash their hands thoroughly and often, including immediately after removing gloves and/or after contact with an ill person.

- Gloves will be compatible with the disinfectant products being used to prevent tears or deterioration. Only latex-free gloves are allowed on Des Moines YMCA Camp property
- Additional PPE may be required based on (a) the cleaning/disinfectant products being used, (b) the risk of splash, or (c) in response to potential biohazards
- Gloves should be removed carefully to avoid contamination of the wearer and the surrounding area; All staff are expected to wash hands thoroughly after removing gloves
- Reusable (washable) clothing or cleaning materials should be laundered after each use; all staff and volunteers are expected to wash hands thoroughly after handling dirty laundry

All participants should follow normal preventive actions while at Des Moines YMCA Camp and after returning to home and/or work, including washing hands, and/or using hand sanitizer regularly, and avoiding touching eyes, nose, or mouth with unwashed hands.

Cleaning of Hard (Non-porous) Surfaces

- Hard surfaces that are dirty should be cleaned using a detergent or soap and water prior to disinfection (See "Disinfecting" below for next steps)

Cleaning of Soft (Porous) Surfaces

- Soft (porous) surfaces, such as carpeted floors, rugs, and drapes, should have visible contamination removed if present and then cleaned with appropriate cleaners indicated for use on these surfaces. After cleaning:
 - If the items can be laundered, they should be laundered using the warmest appropriate water setting for the items and dried completely
 - Otherwise, use products that are EPA-approved and that are suitable for porous surfaces
 - Use appropriate disinfectants (see "Disinfecting" below) as applicable

Linens, Clothing, and Other Items That Go in the Laundry

- To minimize the possibility of dispersing viruses through the air, dirty laundry should not be shaken
- Items should be washed as appropriate in accordance with the manufacturer's instructions; If possible, items should be laundered using the warmest appropriate water setting for the items and dried completely
- Hampers or other carts for transporting laundry should be cleaned and then disinfected according to guidance above for hard or soft surfaces and below for disinfecting

Disinfecting

- Des Moines YMCA Camp will provide EPA-registered household disinfectants proven effective at killing the SARS-CoV-2 virus; Participants authorized to use them will follow the instructions on the label or provided during their training by Des Moines YMCA Camp Staff
- All solutions and disinfectants will be applied according to the manufacturer's recommendations
- Alcohol solutions with at least 70% alcohol may also be used, including alcohol wipes available in public restrooms at Des Moines YMCA Camp

Cleaning and Disinfection After Persons Suspected/Confirmed to Have COVID-19 Have Been in the Facility

If it has been more than 7 days since a person with suspected/confirmed COVID-19 visited or used the Des Moines YMCA Camp facility, additional cleaning and disinfection is not necessary. If it has been less than 7 days since such a person visited or used Des Moines YMCA Camp, then:

- Follow CDC Guidance for Summer and Youth Camps: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>
- Areas visited by anyone who was ill will be closed off until after cleaning and disinfecting them (including cleaning and disinfecting surfaces or shared objects in outdoor areas)
- If feasible, outside doors and windows should be opened, and/or the use of ventilating fans to increase air circulation in the area should be used, prior to and during cleaning
- If feasible, Des Moines YMCA Camp Staff will wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, Des Moines YMCA Camp Staff will wait as long as possible, and then proceed with cleaning and disinfection as outlined above using all recommended Personal Protective Equipment (PPE)
- If a cabin or other facility is not needed for use, Des Moines YMCA Camp Staff will wait at least 7 days, and then perform routine cleaning and disinfecting procedures

Camp Heart Connection Activities

COVID-19 Policies and Procedures

General Requirements

Staff:

- Every activity will be staffed by at least one Des Moines YMCA Camp staff or volunteer and at least one Camp Heart Connection staff or volunteer at all times
- All staff and volunteers must wear masks when in the presence of other participants
- Staff and volunteers must stay socially distanced from other Participants as much as possible
- Staff and volunteers must stay on-site at all times until departure, unless otherwise approved by Camp Director or Medical Director

Campers and Families:

- All participants 2 years of age or older must wear masks at all times inside communal spaces and when impossible to follow social distancing in outside settings or when otherwise noted, unless unable to do so (this expectation should be noted to Camp Heart Connection Staff prior to arrival if at all possible)
- Participants must stay within their family unit at all times
- Participants are responsible for following all posted rules and instructions given by Des Moines YMCA Camp Staff

Specific Program Area Protocols

Arts and Crafts:

- Camper Safety Protocols:
 - All participants must wear masks at all times when inside building or outside when social distancing cannot be achieved, if able
 - All participants must hand sanitize before and after use of the Arts and Crafts area
 - Family units must stay socially distanced from other participants

- Family units will be assigned a designated space at the Arts and Crafts Center and expected to stay in that space
- Family units must use only the supplies and equipment provided by Camp Heart Connection/from their assigned bin for entire session
- Family units should ask the staff and volunteers for additional supplies as needed
- Family units are encouraged to return to their assigned cabins to use the restroom if at all possible; If use of a restroom is necessary during a cabin's visit to the Arts & Crafts Center, Camp Heart Connection staff should be notified to ensure they clean and disinfect prior to the next participants visit
- Staff Safety Protocols:
 - Staff and volunteers must wear masks at all times
 - Staff and volunteers must maintain social distance as much as possible
 - Staff and volunteers must sanitize hands between Family Units
 - Staff and volunteers must sanitize all used equipment prior to each use
 - Arts & Crafts Staff will be the only ones allowed to gather or replace materials (such as paint)
- Cleaning Procedures:
 - Staff will clean and disinfect any common supplies or equipment used for that session (i.e., that did not come from/return to the family's assigned bin) prior to each use
 - Common supplies or equipment will be placed in a "Used" bin after session for cleaning
 - Staff will clean and disinfect all tables before and after each session
 - Staff will clean and disinfect all sinks and countertops before and after each session
 - Staff will clean and disinfect any spaces that participants will come in contact with before and after each session
 - Staff will clean and disinfect all entrance and exit handles
 - If restrooms are used, staff will clean and disinfect those after each session
- Supplies/Equipment Needed
 - Hand sanitizer
 - Gloves
 - Sanitizing wipes
 - Appropriate disinfectant solution
 - Masks
 - Cleaning towels
 - Instructional signs
 - Standard Arts & Crafts supplies and equipment needed for planned projects

Aquatic Center (Pools/Splash Pad):

- Camper Safety Protocols:
 - Family units will be separated at the pool or have different swim times
 - Family units will be asked to change before and after visiting the Aquatic Center in their assigned cabin
 - All participants must hand sanitize before and after use of the pool area
 - Family units must stay socially distanced from other participants and lifeguards at all times (except during a lifesaving event)
 - No pool toys will be provided by the Des Moines YMCA Camp for any reason with the exception of a Personal Floatation Device or Inner Tube for the Slow River (Lifeguards will clean and disinfect these after each family unit's use)
 - Family units should enter and exit through appropriate gates
 - Restrooms at the Aquatic Center should only be used if absolutely necessary, and each family unit will be assigned a restroom to use by the Lifeguards
 - Family units are encouraged to return to their assigned cabins to use the restroom if at all possible
 - If use of a restroom is necessary during a cabin's visit to the Aquatic Center, lifeguards should be notified to ensure they clean and disinfect prior to the next participant's visit

- Staff Safety Protocols
 - Staff and volunteers must wear masks at all times
 - Staff and volunteers must maintain social distance as much as possible
 - Staff and volunteers must hand sanitize between family units
 - Staff and volunteers must sanitize all used equipment before and after use
 - Des Moines YMCA Camp staff and volunteers are the only individuals allowed in the lifeguard office or equipment storage room
- Cleaning Procedures
 - Staff and volunteers will clean and disinfect lifeguard stations between sessions
 - Staff and volunteers will clean and disinfect gate or door entry and exit handles between sessions
 - Staff and volunteers will clean and disinfect any communal spaces between sessions
 - Staff and volunteers will clean and disinfect any chairs/benches used during session between sessions (following procedures for porous or non-porous surfaces outlined above)
 - Staff and volunteers will clean and disinfect any equipment used during the session by participants
 - PFDs (set aside and not used again for the weekend if at all possible)
 - Inner tubes
- Supplies/Equipment Needed:
 - Hand sanitizer
 - Gloves
 - Sanitizing wipes
 - Appropriate disinfectant solution
 - Masks
 - Cleaning towels
 - Instructional signs
 - Standard Aquatic Center supplies and safety equipment

Horseback:

- Camper Safety Protocols:
 - All participants must wear masks at all times outside when social distancing cannot be achieved, if able
 - All participants must hand sanitize before and after use of the area
- Staff Safety Protocols:
 - Staff and volunteers must wear masks at all times
 - Staff and volunteers must maintain social distance as much as possible
 - Staff and volunteers must sanitize hands between family units
 - Staff and volunteers must sanitize all used equipment prior to each use
- Cleaning Procedures:
 - Helmets, tack, and other items touched by any participant will be cleaned and disinfected between family use using the designated cleaner and protocols
- Supplies/Equipment Needed:
 - Hand sanitizer
 - Tack sanitizer
 - Gloves
 - Sanitizing wipes
 - Appropriate disinfectant solution
 - Masks
 - Cleaning towels
 - Instructional signs
 - Standard Horseback supplies and equipment

Creek Stomping:

- Camper Safety Protocols:
 - All participants must wear masks at all times outside when social distancing cannot be achieved, if able
 - All participants must hand sanitize before and after use of the area
- Staff Safety Protocols:
 - Staff and volunteers must wear masks at all times
 - Staff and volunteers must maintain social distance as much as possible
 - Staff and volunteers must sanitize hands between family units
 - Staff and volunteers must sanitize all used equipment prior to each use
- Supplies:
 - Hand sanitizer
 - Gloves
 - Sanitizing wipes
 - Appropriate disinfectant solution
 - Masks
 - Cleaning towels
 - Instructional signs
 - Standard nature supplies and equipment

Sports & Recreation (Lawn Games) and Gaga Ball:

- Camper Safety Protocols:
 - All participants must wear masks at all times, if able
 - All participants must hand sanitize before and after use of the Sports & Recreation area or Gaga Ball Pit
 - Family units must stay socially distanced from other participants
 - Family units are encouraged to play sports within their family units
 - Family units must use the same equipment for entire session
- Staff Safety Protocols:
 - Staff and volunteers must wear masks at all times
 - Staff and volunteers must maintain social distance as much as possible
 - Staff and volunteers must sanitize hands between family units
 - Staff and volunteers must sanitize all used equipment before and after use
- Cleaning Procedures:
 - Staff will clean and disinfect any equipment used for session before and after each session (e.g., kickballs, footballs, soccer balls, frisbees, etc.)
 - Equipment will be placed in a “Used Equipment” bin after session for cleaning
- Supplies/Equipment Needed:
 - Hand sanitizer
 - Gloves
 - Sanitizing wipes
 - Appropriate disinfectant solution
 - Masks
 - Cleaning towels
 - Instructional signs
 - Standard Sports & Recreation or Gaga Ball equipment

Target Sports (Archery/Bb Gun/Slingshot):

- Camper Safety Protocols:
 - Only one cabin is allowed per Target Sports session
 - All participants must wear masks at all times, if able
 - All participants must hand sanitize before and after use of the archery area

- Staff Safety Protocols:
 - Staff and volunteers must wear masks at all times
 - Staff and volunteers must maintain social distance as much as possible
 - Staff and volunteers must sanitize hands between family units
 - Staff and volunteers must sanitize all used equipment before and after use
 - Staff and volunteers will preset all equipment for each family prior to arrival
 - Only Des Moines YMCA Camp staff and volunteers are allowed in equipment storage rooms
- Cleaning Procedures:
 - Staff and volunteers will clean and disinfect all bows, arrows, bb guns, slingshots, or safety goggles (that are intended to be reused) prior to each use
 - Staff and volunteers will clean and disinfect any additional equipment/hardware prior to each use
- Supplies/Equipment Needed:
 - Hand sanitizer
 - Gloves
 - Sanitizing wipes
 - Appropriate disinfectant solution
 - Masks
 - Cleaning towels
 - Instructional signs
 - Standard Target Sports supplies and safety equipment

Climbing Wall:

- Camper Safety Protocols:
 - Only one cabin is allowed per Climbing Wall session
 - All participants must wear masks at all times, if able
 - All participants must hand sanitize before and after use of the climbing wall area
- Staff Safety Protocols:
 - Staff and volunteers must wear masks at all times
 - Staff and volunteers must maintain social distance as much as possible
 - Staff and volunteers must sanitize hands between family units
 - Staff and volunteers must sanitize all used equipment before and after use
 - Staff and volunteers will preset all equipment for each family prior to arrival
 - Only Des Moines YMCA Camp staff and volunteers are allowed in equipment storage rooms
- Cleaning Procedures:
 - Staff and volunteers will clean and disinfect any climbing wall and additional equipment/hardware prior to each use
- Supplies/Equipment Needed:
 - Hand sanitizer
 - Gloves
 - Sanitizing wipes
 - Appropriate disinfectant solution
 - Masks
 - Cleaning towels
 - Instructional signs
 - Standard Target Sports supplies and safety equipment

Zipline:

- Camper Safety Protocols:
 - Only one cabin is allowed per zipline session
 - All participants must wear masks at all times, if able

- All participants must hand sanitize before and after use of the zipline area
- Staff Safety Protocols:
 - Staff and volunteers must wear masks at all times
 - Staff and volunteers must maintain social distance as much as possible
 - Staff and volunteers must sanitize hands between family units
 - Staff and volunteers must sanitize all used equipment before and after use
 - Staff and volunteers will preset all equipment for each family prior to arrival
 - Only Des Moines YMCA Camp staff and volunteers are allowed in equipment storage rooms
- Cleaning Procedures:
 - Staff and volunteers will clean and disinfect any zipline and additional equipment/hardware prior to each use
- Supplies/Equipment Needed:
 - Hand sanitizer
 - Gloves
 - Sanitizing wipes
 - Appropriate disinfectant solution
 - Masks
 - Cleaning towels
 - Instructional signs
 - Standard Target Sports supplies and safety equipment